Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

For presentation to the UK market

**FRONT LABEL**

Choline Complex – (Or own Product Name - take care not to breach legislation with particular regards to claims)

**Food Supplement** with Choline, Alpha Lipoic Acid, N-Acetyl Cysteine & a combination of botanicals.   
  
Choline contributes to the maintenance of normal liver function.

Claims (Can appear anywhere on pack). You should include at least one approved health claim on pack as this helps to justify more generic claims such as ‘healthy’.

You can search for other Nutrition & Health Claims approved for use in the UK here https://www.gov.uk/government/publications/great-britain-nutrition-and-health-claims-nhc-register?utm\_medium=email&utm\_campaign=govuk-notifications&utm\_source=f8d61ec9-adf6-459d-bdfe-7aa9674beaec&utm\_content=weekly

SUITABLE FOR VEGETARIANS & VEGANS

60 Capsules

GMP Logo

**BACK LABEL**

**Directions:**

Adults, take 2 capsules daily with food and water.

Do not exceed recommended daily dose.

**Product Information:***Two capsules typically provide:*

|  |  |
| --- | --- |
| Choline | 82.5mg |
| Alpha Lipoic Acid | 20mg |
| Turmeric | 100mg |
| Aged Garlic | 100mg |
| Ginger | 20mg |
| Beetroot | 500mg (from 10:1 extract and whole root) |
| Liquorice | 160mg (from 4:1 root extract 40mg) |
| N-Acetyl Cysteine | 40mg |
| Parsley | 200mg |
| Cayenne | 60mg |
| Fennel | 60mg |
| Chlorella | 50mg |

**Ingredients:**

Choline DL Bitartrate, Parsley Leaf, Capsule Shell:Hydroxypropyl Methylcellulose, Aged Garlic Bulb, Curcuma Longa Rhizome (Turmeric), Beetroot Powder, Cayenne Fruit, Fennel Seed, Chlorella, Beetroot Extract, Liquorice Root Extract (De-Glycerized), N-Acetyl Cysteine, Alpha Lipoic Acid, Ginger Root.

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

**Storage:**

For best before end and batch number see base.

Store in a cool, dry place out of reach of children.

Manufactured in the United Kingdom according to the GMP code of practice for:

Name or business name and address of the food business operator.

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-426$front

Back Label: PL-426$back

**Label size:**

709px x 897px at 600DPI (that's 60mm x 76mm)

Version Control:

|  |  |  |  |
| --- | --- | --- | --- |
| **Version** | **Date** | **Change** | **Author:** |
| V1 |  |  | JN |
| V2 | Aug 19 | Change in ingredients | KA |
| V3 | 12.04.20 | Allergens | JN |