Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

For presentation to UK market.

**FRONT LABEL**

Customers Own Name

(Own Product Name - take care not to breach legislation with particular regards to claims)

Glucosamine with Vitamin C, MSM, Cherry, Rosehip, Turmeric and other synergistic herbs*.*

Claims (can appear anywhere on pack). You should include at least one approved health claim on the pack as this helps to justify more generic claims such as "healthy".

Vitamin C contributes to normal collagen formation for the normal function of cartilage & bones.

You can search for other Nutrition & Health Claims approved for use in the UK here https://www.gov.uk/government/publications/great-britain-nutrition-and-health-claims-nhc-register?utm\_medium=email&utm\_campaign=govuk-notifications&utm\_source=f8d61ec9-adf6-459d-bdfe-7aa9674beaec&utm\_content=weekly.

SUITABLE FOR VEGETARIANS & VEGANS

Food Supplement

120 Capsules

**BACK LABEL**

**Directions:**

Adults, take 1 capsule, 1-3 times daily with water & food. Do not exceed recommended daily dose.

**Product Information:**
*1 capsule typically provides:*

|  |  |  |
| --- | --- | --- |
|  |  | %NRV\* |
| Vitamin C  | 12mg  | 15 |
| Glucosamine *from Glucosamine Hydrochloride*  | 249mg300mg |  |
| Methylsulfonylmethane (MSM) | 200mg |  |
| Turmeric *providing Curcumin*  | 1053mg (equivalent from extract) *50mg* |  |
| Nettle Extract | 100mg (equivalent from extract) |  |
| Montmorency Cherry | 20mg |  |
| Panax Ginseng | 100mg (equivalent from extract)  |  |
| Rosehip | 100mg (equivalent from extract)  |  |
| Apple Cider Vinegar | 5mg  |  |
| Horsetail Extract | 50mg (equivalent from extract)  |  |
| Papain | 5mg (10000u) |  |
| Bromelain | 5mg (6GDU)  |  |
| Seaweed | 5mg  |  |
| Ginger | 40mg (equivalent from extract) |  |

\* = Nutrient Reference Value

**Ingredients:**

Glucosamine Hydrochloride (Polyvinyl Pyrrolidone), Methylsulphonyl Methane (MSM), Bulking Agent: Brown Rice Flour, Capsule Shell: Hydroxypropyl Methylcellulose, Curcuma Longa Extract (Gum), Flow Agent: Magnesium Stearate, Nettle Extract, Montmorency Cherry, Vitamin C (as Ascorbic Acid), Korean Panax Ginseng Extract, Maltodextrin, Apple Cider Vinegar (Malic Acid), Bromelain, Horsetail Extract (Silica), Seaweed (Fucus Vesiculosus), Papain, Rosehip Extract, Ginger Root Extract, Corn Starch.

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

**Storage:**

For best before end and batch number see base.

Store in a cool, dry place out of reach of children.

Manufactured according to the GMP code of practice for:

Name or business name and address of the food business operator

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-420$front

Back Label: PL-420$back

**Label Size**

970px x 1655px at 600DPI (that's 84mm x 140mm)