Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

For presentation to the UK market

**FRONT LABEL**

Turmeric & Black Pepper

Food Supplement containing turmeric extract and black pepper.

SUITABLE FOR VEGETARIANS & VEGANS

60 Capsules

**BACK LABEL**

**Directions:**

Adults, take 1-3 capsules per day, with water and food.

Do not exceed recommended daily dose.

**Product Information:***Typical per capsule:*

|  |  |
| --- | --- |
| Turmeric Extract | 500mg |
| *95% curcuminoids* | *475mg* |
| Black Pepper | 5mg |

**Ingredients:**

Turmeric Extract, Black Pepper Extract, Capsule Shell: (Hydroxypropyl Methylcellulose, Gellan Gum).

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are under medical supervision. **Do not take if taking medications. Do not take if trying to conceive, pregnant or breastfeeding. Not suitable for women under the age of 50 (child-bearing age). Not suitable for people with altered liver function, biliary function or gallstones.** You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

**Storage:**

For best before end and batch number see base.

Store in a cool, dry place out of reach of children.

Manufactured to the GMP code of practice for:

Name or business name and address of the food business operator

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-155$front

Back Label: PL-155$back

**Label Size**

709px x 897px at 600DPI (that's 60mm x 76mm)