Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

For presentation to UK market.

**FRONT LABEL**

Evening Primrose Oil 1000mg (Or own Product Name - take care not to breach legislation with regards to claims)

Evening Primrose Oil softgel capsule providing GLA, Vitamin E and B6.

SUITABLE FOR VEGETARIANS & VEGANS

Claims (Can appear anywhere on pack). You should include at least one approved health claim on pack as this helps to justify more generic claims such as ‘healthy’.

Vitamin E is an antioxidant, which contributes to the protection of cells from oxidative stress.

Vitamin B6 contributes to the regulation of hormonal activity.

You can search for other Nutrition & Health Claims approved for use in the UK here <https://www.gov.uk/government/publications/great-britain-nutrition-and-health-claims-nhc-register?utm_medium=email&utm_campaign=govuk-notifications&utm_source=f8d61ec9-adf6-459d-bdfe-7aa9674beaec&utm_content=weekly>

Food Supplement

1000mg x 90 Soft Gel Capsules

**BACK LABEL**

**Directions:**

Adults, take 1 to 3 capsules daily with water and preferably a meal.

Do not exceed recommended daily dose.

**Product Information:***Typical per softgel:*

|  |  |  |
| --- | --- | --- |
| Nutrient | Amount per Softgel | %\*NRV |
| Evening Primrose Oil  *Providing Gamma-Linolenic Acid*  Vitamin E  Vitamin B6 | 1000mg  *90mg*  10mg  0.25mg | 83%  18% |

\*NRV = Nutrient Reference Value

**Ingredients:**

Evening Primrose Oil, Softgel Capsule Shell (Modified Starch, Glycerol [vegetable source], Carrageenan, Sodium Carbonate Anhydrous), Vitamin E (as dl-alpha-Tocopheryl Acetate), Vitamin B6 (as Pyridoxine Hydrochloride).

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. Not recommended for children, pregnant or lactating women. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

**Storage:**

For best before end and batch number, see base.

Store in a cool, dry place out of reach of children.

Manufactured to the GMP code of practice for:

Name or business name and address of the food business operator.

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-306$front

Back Label: PL-306$back

**Label Size**

970px x 1655px at 600DPI (that's 84mm x 140mm)

**Note:** Label Artwork

Design must have an additional 2mm bleed on each side for print. File size submitted is therefore 88**mm x 144mm**.

See this page for more details - <https://support.nutribl.com/support/solutions/articles/9000143837-can-we-design-our-own-labels-for-private-label->

## Version Control:

|  |  |  |  |
| --- | --- | --- | --- |
| **Version** | **Date** | **Change** | **Author:** |
| V1 | Pre Aug 18 |  | JN |
| V2b | 03.09.18 | Review | KA |
| V3b | 29.08.19 | Change to packed in the UK. | KA |
| V4 | 12.04.20 | Allergens | JN |
| V5 | 13.10.20 | Change in Manufacture / Ingredient List. Change in softgel size. | KA |
| V6 | 04.05.2025 | Increase vit E to 10mg and add vitamin B6 | JN |