Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

Presentation for the UK market.

**FRONT LABEL**

Bio-Cultures Vitamin Plus Gummies (or product name of choice. Please note this product can be marketed to just children or adults and children so choose your name accordingly in line with legislation)

Natural Pineapple Flavour

A yummy daily bio-culture blend with added vitamin C, B3, B5 and B6. These delicious gummies contribute to the normal psychological function, mental performance and function of the immune system. (or product description of choice in line with legislation)

Claims (Can appear anywhere on pack). You should include at least one approved health claim on pack as this helps to justify more generic claims such as ‘healthy’.

Niacin contributes to normal functioning of the nervous system.

Niacin contributes to normal energy-yielding metabolism.

Niacin contributes to the reduction of tiredness and fatigue.

Niacin contributes to the maintenance of normal mucous membranes.

Niacin contributes to the maintenance of normal skin.

Niacin contributes to normal psychological function.

Pantothenic acid contributes to normal energy-yielding metabolism.

Pantothenic acid contributes to normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters.

Pantothenic acid contributes to normal mental performance.

Pantothenic acid contributes to the reduction of tiredness and fatigue.

Vitamin B6 contributes to the reduction of tiredness and fatigue.

Vitamin B6 contributes to normal homocysteine metabolism.

Vitamin B6 contributes to the regulation of hormonal activity.

Vitamin B6 contributes to normal functioning of the nervous system.

Vitamin B6 contributes to normal protein and glycogen metabolism.

Vitamin B6 contributes to normal red blood cell formation.

Vitamin B6 contributes to normal cysteine synthesis.

Vitamin B6 contributes to normal psychological function.

Vitamin B6 contributes to the normal function of the immune system.

Vitamin B6 contributes to normal energy-yielding metabolism.

You can search for other Nutrition & Health Claims approved for use in the UK here <https://www.gov.uk/government/publications/great-britain-nutrition-and-health-claims-nhc-register?utm_medium=email&utm_campaign=govuk-notifications&utm_source=f8d61ec9-adf6-459d-bdfe-7aa9674beaec&utm_content=weekly>

Food Supplement

SUITABLE FOR VEGETARIANS & VEGANS

60 Gummies

**Directions:**

Children from aged 3 years take one (1) gummy daily; adults take two (2) gummies daily. Gummies should be chewed and not swallowed whole. Do not exceed the stated dose. (Please note that this product can be marketed to just children or adults and children, so adjust your directions accordingly)

|  |  |  |
| --- | --- | --- |
| **ACTIVE INGREDIENTS PER GUMMY** | | % NRV\* |
| Vitamin C | 10mg | 12.50 |
| Vitamin B3 (Niacin) | 8mg | 50 |
| Vitamin B5 (Pantothenic Acid) | 3mg | 50 |
| Vitamin B6 | 0.7mg | 50 |
| Bifidobacterium Infantis | 375m cfu |  |
| Lactobacillus Casei | 375m cfu |  |
| Lactobacillus Rhamnosus | 375m cfu |  |

\*NRV=Nutrient Reference Value

|  |  |  |  |
| --- | --- | --- | --- |
| **NUTRITIONAL VALUES PER GUMMY** | | | |
| Energy | 8 Kcal  33.81 KJ | Total Carbohydrates  - Sugar | 2.01g  1.65g |
| Protein | 0.00g | Total Fat  - Saturated Fat | 0.01g  0.01g |
| Fibre | 0.05g | Salt | 0.00g |

**Ingredients:**

Glucose Syrup, Sugar, Water, Vitamin C (Ascorbic Acid), Vitamin B3 (Niacin as Nicotinamide), Vitamin B5 (Calcium D Pantothenate), Vitamin B6 (Pyridoxine HCl), Xylitol (sweetener), Lactobacillus Casei LC89, Lactobacillus Rhamnosus LRa05, Bifidobacterium Infantis B145, Maltodextrin (Active ingredient pre-mix), Pectin (Gelling Agent), Citric Acid (Acidulant), Sodium Citrate (Acidity Regulator), Coconut Oil & Carnauba Wax (Glazing Agent), Curcumin Extract (Natural Colour), Pineapple (Natural flavour).

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle. Store in a cool, dry & dark place, under 25 degrees, out of reach of children.

**Best Before:**

For best before end and batch number, see the base of the bottle.

Packed in the UK for:

Name or business name and address of the food business operator.

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-519$front

**Label size:**

180mm (w) x 66mm (h) @ 600DPI

Version Control:

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| --- | --- | --- |
| **Version** | **Date** | **Change** |
| V1 | 28/03/2024 | Original |
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