Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

Presentation for the UK market.

**FRONT LABEL**

Hair, Skin & Nails Complex Gummies (or product name of choice in line with legislation)

Natural Raspberry Flavour

A delicious daily gummy blending 13 essential nutrients to support healthy hair, skin & nails. Biotin and Zinc contribute to the maintenance of normal hair & skin, whilst Zinc also contributes to the maintenance of nails. (or product description of choice in line with legislation)

Claims (Can appear anywhere on pack). You should include at least one approved health claim on pack as this helps to justify more generic claims such as ‘healthy’.

**Vitamin A:**

 - Contributes to the maintenance of normal skin.

**Vitamin B5 (Pantothenic Acid):**

 - Contributes to normal synthesis and metabolism of steroid hormones, vitamin D, and some neurotransmitters.

 - Contributes to the reduction of tiredness and fatigue.

**Vitamin B6 (Pyridoxine):**

 - Contributes to normal cysteine synthesis *(cysteine is an amino acid found in keratin, which makes up hair, skin, and nails)*.

 - Contributes to the regulation of hormonal activity.

**Vitamin B12:**

 - Contributes to normal cell division.

**Vitamin C:**

 - Contributes to normal collagen formation for the normal function of skin.

 - Contributes to the protection of cells from oxidative stress.

**Vitamin D:**

 - Contributes to the process of cell division.

 - Plays a role in the maintenance of normal bones and teeth.

**Vitamin E:**

 - Contributes to the protection of cells from oxidative stress.

**Biotin:**

 - Contributes to the maintenance of normal hair and skin.

**Folic Acid:**

 - Contributes to the process of cell division.

**Iodine:**

 - Contributes to the maintenance of normal skin.

 - Contributes to the normal production of thyroid hormones and normal thyroid function.

**Zinc:**

 - Contributes to the maintenance of normal hair, nails, and skin.

 - Contributes to the protection of cells from oxidative stress.

You can search for other Nutrition & Health Claims approved for use in the UK here <https://www.gov.uk/government/publications/great-britain-nutrition-and-health-claims-nhc-register?utm_medium=email&utm_campaign=govuk-notifications&utm_source=f8d61ec9-adf6-459d-bdfe-7aa9674beaec&utm_content=weekly>

SUITABLE FOR VEGETARIANS & VEGANS

Food Supplement

150 Gummies

 **Directions:**

Adults, take two (2) gummies daily. Gummies should be chewed and not swallowed whole. Do not exceed the stated dose.

**Product Information:***Each two (2) gummy serving typically provides:*

|  |  |  |
| --- | --- | --- |
| ACTIVE INGREDIENTS PER 2 GUMMIES |  | % NRV\* |
| Vitamin AVitamin B5Vitamin B6Vitamin B12Vitamin CVitamin DVitamin EBiotin Folic AcidIodineZincCholine Inositol | 315μg5.2mg2mg6μg20mg5μg7.43mg5000µg260µg42µg2.7mg0.04mg0.04mg | 39%87%143%240%25%100%62%10,000%130%28%27% |

*\*Nutrient Reference Value*

|  |
| --- |
| **NUTRITIONAL VALUES PER GUMMY** |
| Energy | 8 Kcal34.73KJ | Total Carbohydrates - Sugar | 2.00g1.50g |
| Protein | 0.00g | Total Fat - Saturated Fat  | 0.005g0.005g |
| Fibre | 0.04g | Salt | 0.00g |

**Ingredients:**

Glucose Syrup, Sugar, Water, Active Ingredients Pre-mix (Retinyl Acetate, Ergocalciferol 100, DL-α-Tocopheryl Acetate 500, Ascorbic Acid, Calcium D- Pantothenate, Pyridoxine HCl, D-Biotin, Folic Acid, Cyanocobalamin 1%, Potassium Iodide, Zinc Citrate, Choline Bitartrate, Inositol, Maltodextrin), Pectin (Gelling Agent), Citric Acid (Acid), Sodium Citrate (Acidity Regulator), Anthocyanins (Natural colour), Coconut Oil (Coating), Carnauba Wax (Glazing Agent), Natural Raspberry Flavour.

**Allergy Advice**:

Although rigorous precautions are taken to prevent cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied, balanced diet or healthy lifestyle. Store in a cool, dry & dark place, under 25 degrees, out of reach of children.

**Best Before:**

For best before end and batch number, see the base of the bottle.

Packed in the UK for:

Name or business name and address of the food business operator.

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-518$front

**Label size:**

215mm (w) x 80mm (h) @ 600DPI