Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

Presentation for the UK market.

**FRONT LABEL**

Ashwagandha Gummies (or product name of choice in line with legislation)

5% Withanolides

Natural Raspberry Flavour

A delicious high-strength Ashwagandha gummy supplement, providing 1200mg Ashwagandha per serving with a minimum of 5% Withanolides. (or product description of choice in line with legislation)

SUITABLE FOR VEGETARIANS & VEGANS

Food Supplement

150 Gummies

**Directions:**

Adults take two (2) gummies daily. Gummies should be chewed and not swallowed whole. Do not exceed the stated dose.

**Product Information:***2 gummies typically provide:*

Ashwagandha (from 30:1 Root Extract) 1200mg

*Providing 5% Withanolides* 60mg

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| **NUTRITIONAL VALUES PER GUMMY** | | | |
| Energy | 6 Kcal  26.80KJ | Total Carbohydrates  - Sugar | 1.68g  1.57g |
| Protein | 0.00g | Total Fat  - Saturated Fat | 0.005g  0.005g |
| Fibre | 0.05g | Salt | 0.00g |

**Ingredients:**

Glucose Syrup, Sugar, Water, Pectin (Gelling Agent), Citric Acid (Acid), Ashwagandha Root Extract (Withania somnifera), Maltodextrin, Trisodium Citrate (Acidity Regulator), Coconut Oil (Oil Coating), Anthocyanins (Natural colouring), Magnesium Citrate, Natural Raspberry Flavouring, Carnauba Wax (Anti-caking Agent).

**Allergy Advice**:

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle. Store in a cool, dry & dark place, under 25 degrees, out of reach of children.

**Best Before:**

For best before end and batch number, see the base of the bottle.

Packed in the UK for:

Name or business name and address of the food business operator.

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-514$front

**Label size:**

215mm (w) x 80mm (h) @ 600DPI

Version Control:

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| --- | --- | --- |
| **Version** | **Date** | **Change** |
| V1 | 14/07/2023 | Original |
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