Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

For presentation to the UK market

**LABEL TEXT**

NMN Complex (Or name of choice – take care not to breach legislation with particular regards to claims)

Using Delayed Release capsules for effective natural sustained release of the active ingredients for improved bioavailability. (or product description of clients’ choice in line with legislation)

Claims (Can appear anywhere on pack). You should include at least one approved health claim on pack as this helps to justify more generic claims such as ‘healthy’. Health Claims available for you to use, on pack or in marketing, are as follows:

Vitamin B12 contributes to the reduction of tiredness and fatigue.

Vitamin B12 contributes to normal psychological function.

Vitamin B12 contributes to normal functioning of the nervous system.

Vitamin B12 contributes to normal homocysteine metabolism.

Vitamin B12 contributes to the normal function of the immune system.

Vitamin B12 contributes to normal energy-yielding metabolism.

Vitamin B12 contributes to normal red blood cell formation.

Vitamin B12 has a role in the process of cell division.

You can search for other Nutrition & Health Claims approved for use in the UK here <https://www.gov.uk/government/publications/great-britain-nutrition-and-health-claims-nhc-register?utm_medium=email&utm_campaign=govuk-notifications&utm_source=f8d61ec9-adf6-459d-bdfe-7aa9674beaec&utm_content=weekly>

Suitable for Vegetarians & Vegans

Food Supplement

90 Capsules

**Directions:**

Adults, take 1 (one) capsule, 1-3 times daily, with water, ideally between meals. Do not exceed the recommended daily dose.

**Product Information:**
*Each 3-capsule serving typically provides:*

|  |  |  |
| --- | --- | --- |
|  |  | **% NRV\*** |
| Vitamin B12 | 150 μg | 6000 |
| NMN (β-Nicotinamide Mononucleotide) | 500 mg |  |
| Trimethylglycine | 600 mg |  |
| Quercetin | 300 mg |  |
| Pterostilbene | 120 mg |  |
| Trans-Resveratrol | 120 mg |  |

\*NRV=Nutrient Reference Value

**Ingredients:**

Betaine Anhydrous (Trimethylglycine), Nicotinamide Mononucleotide (NMN), Capsule Shell: HPMC Delayed Release, Quercetin Dihydrate, HPMC (Hydroxypropyl Methyl Cellulose), Trans-resveratrol, Pterostilbene, Microcrystalline Cellulose, Vitamin B12 (as Methylcobalamin).

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied, balanced diet or healthy lifestyle. Store in a cool, dry place, out of reach of children.

**Best Before:**

For best before end and batch number see base.

Manufactured to the GMP code of practice for:

Name or business name and address of the food business operator

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-161$front

**Label Size**

180mm (w) x 66mm (h) at 600DPI to wrap around 200ml round bottle

**Note:** Label Artwork

Design must have an additional 2mm bleed on each side for print. File size submitted is therefore **184mm x 70mm.**

See this page for more details - <https://support.nutribl.com/support/solutions/articles/9000143837-can-we-design-our-own-labels-for-private-label->

## **Version Control:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Version** | **Date** | **Change** | **Author:** |
| V1 | 12./03/2024 | Original | JN |
| V2 | 13/01/2025 | Switch out Seppismart for delayed release capsule shell | JN |
|  |  |  |  |
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