Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

**FRONT LABEL**

Turmeric & Black Pepper (or product name of choice)

Food Supplement

120 Capsules

Suitable for Vegetarians and Vegans

**BACK LABEL**

**Directions:**

Adults, take 1-3 capsules per day, with water and preferably with food.

Do not exceed recommended daily intake.

**Product Information:***Typical per capsule:*

|  |  |
| --- | --- |
| Turmeric  Black Pepper | 500mg 5mg |

**Ingredients:**

Turmeric Root Powder, Capsule Shell: Hydroxypropyl Methylcellulose, Black Pepper.

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. Not recommended for children, pregnant or lactating women. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

**Storage:**

For best before end and batch number see base.

Store in a cool, dry place out of reach of children.

Manufactured to the GMP code of practice for:

Name or business name and address of the food business operator

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-470$front

Back Label: PL-470$back

**Label Size**

970px x 1655px at 600DPI (that's 84mm x 140mm)