Please read ‘Food Supplement Guidelines’ for details on necessary regulatory requirements for labelling.

For presentation to the UK market

**FRONT LABEL**

Product name of your choice (Take care not to breach legislation with regards to claims)

**Food Supplement** containing a blend of six different bacterial strains including bifidobacteria, lactobacillus and streptococcus PLUS FOS in an acid resistant capsule shell.

Suitable for vegetarians and vegans

60 Capsules

10 Billion cfu per capsule

**BACK LABEL**

**Directions:**

Adults, take 1-2 capsules, once or twice a day on an empty stomach with water (1-4 caps day). Do not swallow capsules with hot drinks. Do not exceed recommended daily dose.

**Product Information:**   
One capsule typically provides:

|  |  |
| --- | --- |
| Fructooligosaccharides (FOS | 40mg |
| Active Live Culture Blend | 10 Billion CFU |
| *including:* |  |
| Bifidobacterium lactis |  |
| Bifidobacterium bifidum |  |
| Bifidobacterium longum |  |
| Lactobacillus acidophilus |  |
| Lactobacillus casei rhamnosus |  |
| Streptococcus thermophilus |  |

**Ingredients:**

Bulking Agent: Maltodextrin, Capsule Shell: (Hydroxypropyl Methylcellulose, Gellan Gum), Fructooligosaccharides (FOS)  (from Inulin), Active Live Culture Blend: (Bifidobacterium longum, Bifidobacterium bifidum, Lactobacillus acidophilus, Streptococcus thermophiles, Lactobacillus casei rhamnosus, Bifidobacterium lactis, Maltodextrin, Corn Starch), Anti-Caking Agent: Magnesium Stearate.

**Allergy Advice**: Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

**Cautions:**

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle. Store in a cool, dry & dark place, under 25 degrees, out of reach of children.

**Best Before:**

For best before end and batch number see base.

Manufactured to the GMP code of practice for:

Name or business name and address of the food business operator.

PLEASE NOTE: If you are selling in/exporting to the EU you will need to include the address details of the Food Business Operator, or Importer, based in the EU. You can have a UK address and an EU address if selling in both territories.

**Please give files following file names:**

Front Label: PL-462$front

Back Label: PL-462$back

**Label Size**

709px x 897px at 600DPI (that's 60mm x 76mm)